

Stirling County RFC Bridgehaugh Park Causewayhead Road Stirling, FK9 5AP T: 01786 478866

Dear SCRFC Coach.

Thank you for your commitment to Stirling County Rugby Football Club (RFC) and its players. We, very literally, could not do this without you and your involvement in Stirling County RFC is hugely appreciated. Below is some key information for you to familiarise yourself along with some small tasks to begin with. If you ever have any questions, queries, comments, suggestions, ideas, etc., etc., please never hesitate to get in touch!

Kind regards,

Stewart Milne

Youth Academy Manager - Stirling County RFC

Email: stewart@stirlingcounty-rfc.co.uk/Mobile: 07940 559883

Stirling County RFC - Coaches Information Pack

Thank you for taking the time to look this information over. It will help us to help you as well as keep you right in some crucial areas. If you do have any questions at all please don't hesitate to get in touch on the above details. Please follow the <u>links</u> within the document to reach the relevant sites/documents.

To begin with we want to make sure that we have accurate details for you, to do this can we please ask you to complete a short form: <u>SCRFC Coach Details</u>.

Before starting to coach, every coach must be in possession of a PVG (<u>PVG Scheme</u> for more information). This is for the safety and protection of our young people and vital for all coaches. Please contact our lead Child Protection Officer (CPO), Kirsty Crockett: scrfc.cpo@gmail.com/07966 190724, to be assisted through the process.

The most basic and first essential qualification for any coach is the Scottish Rugby Union (SRU)'s <u>RugbyRight</u>. RugbyRight is the minimum standard course for coaching and match officiating in Scotland, for both new and existing, and it is updated every season to introduce new content to coaches. To access this course, you will have to sign up to the SRU's online learning resource <u>HIVE Learning</u> - using the training hub key **SRUTH1872** to sign in.

For coaches in Scotland the SRU run UK Coaching Courses (UKCC) at Level 1 for mini rugby (Micros to P7) and Level 2 for 15 a-side rugby (U13 and upwards): <u>SRU Coach Education</u>.

There is also a full Continuous Professional Development (CPD) calendar on offer through the SRU and this can be found at: <u>SRU Coach CPD</u>. There will also be coaching CPD within the club and this will be communicated either directly through the email address you have provided or through your team Head Coach.

If you are attending a paid for course it is possible in most cases (but not all, please always check!) to apply for the funding of these courses. This must be done four weeks prior to the course beginning, please contact stewart@stirlingcounty-rfc.co.uk prior to booking to check if the course can be applied for. If the application is successful, payments for courses are made post-course completion/attendance.

It is the policy of Stirling County RFC that every coach is a member of the Club (<u>SCRFC - Membership</u> for membership details).

For player welfare purposes, we encourage all coaches and volunteers to have at least a basic First Aid qualification. A basic qualification is available through Club Sport Stirling and course dates can be found at: <u>ClubSport Stirling</u>. A more in-depth course is also run through the SRU, details of which can be found at: <u>SRU First Aid Course</u>.

Stirling County RFC is aligned with the SRU Safeguarding Policy and a copy of the Club's Child Protection Policy can be found at: SCRFC CPP and our Safeguarding Policy can be found at: We would ask you to familiarise yourself with these policies and procedures as this is vitally important for both yourself and the players you are working with. It is vital that all those whom we may interact with as a representative of Stirling County RFC are treated fairly and equally. Pleas also be aware of the Club's Statement on Equality: Equality Statement.

As with any organisation is important that we look after those working within the organisation. With this, can we please direct you to the Risk Assessments associated with coaching and volunteering at Stirling County RFC: Risk Assessment. Part of this is the necessity to report any serious injury (requiring hospital/doctor care at any stage). This will be done formally through your Team Manager (TM) but it is the duty of all to ensure this happens. It is important that all involved have a working knowledge of concussion management and information on this can be found at: Concussion Management. For further policy information within the Club please visit SCRFC Policies and familiarise yourself with the remainder of the Club's policies.

Thank you again for taking the time to go through this, both for your sake but also for the sake of the young people you are working with. We look forward to seeing you on the park!

Yours in rugby,
Stewart Milne,
Youth Academy Manager on behalf of Stirling County RFC