



Stirling County RFC
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Stirling County Rugby Football Club (RFC) Code of Conduct for Parents, Players and Coaches

Running a highly successful Junior Section relies on teamwork and effective communication between the club, coaches, parents and players. There is a long tradition of this at Stirling County Rugby Football Club (RFC).

We want this tradition to continue and believe that by following this “Code” we can all make this the case. Our aim is for all the players to get as much as they can out of their participation in rugby and through their membership of Stirling County RFC.

For parents, we ask that you:

- Ensure that your child is dressed for the prevailing weather
- Take your child to the pitch side and collect them from there before and after training, for safety reasons
- Make sure that your child has a gum shield/mouth guard to play rugby
- Check the studs on boots regularly for any sharp edges and either file or replace them to avoid injury
- Don't send your child to rugby if they are unwell or injured
- Promote fair play and provide support and encouragement during matches
- Show respect to opponents and officials, “A referee is never more right than when they are wrong”
- Speak to the coaches about any issues or concerns that you may have
- Recognise that all of the Minis coaches are volunteers and try and support them as best you can
- Help with the catering and clean up when we are hosting visiting clubs
- Volunteer when we are fundraising
- Pay membership and match fees promptly please
- Be very proud that your child is representing Stirling County RFC

Stirling County Rugby Football Club (known as Stirling County R.F.C.) is a Scottish Charity, SC049362, regulated by the Scottish Charity Regulatory (OSCR)

w: stirlingcounty-rfc.co.uk

For players, we ask that you:

- Help your parents out and check that you have the right kit before coming to rugby
- Work hard, have fun and enjoy yourself whenever you train or play
- Show respect to your coaches, team mates, opponents and referees always
- Play within the rules
- Recognise good rugby (including from your opponents)
- Listen to your coaches and avoid showing off
- Involve all your team mates – rugby is a team game
- Be determined and never give up
- Get plenty of rest the night before a match
- Aim to learn and improve your rugby each week
- Help with fundraising activities if you can
- Be very proud that you are representing Stirling County RFC

As coaches, we will:

- Ensure training sessions are active and enjoyable and that they have clear goals
- Communicate clearly, simply and positively with all players
- Be patient, encouraging and supportive
- Focus on player safety as a priority
- Be fair in the way that we select players over a season - recognising that winning is not everything
- Allow games to flow and apply the rules of Minis rugby by “game coaching”
- Praise good behaviour, recognise and reward hard work and good performance
- Concentrate on achievement and think of the long term
- Show respect to players, coaches and referees
- Be very proud of the fact that we are coaching rugby at Stirling County RFC